

It's because of people just like you that we can continue to provide our care free of charge.

May 2021

# When times are tough, Hospice Waikato is here to help

**Few of us can imagine what it's like to be told that you have terminal illness. It is likely to be one of the most challenging and emotional times a family can go through. Hospice is here to help.**

How do families and patients process their feelings of fear, loneliness, anger, confusion, grief, and the many other chaotic emotions that may rush to be acknowledged during difficult times?

Each journey is unique to the patient and their family/whanau, and it is a

journey that Hospice will share with that family when times get tough.

It takes a whole community to provide support for people living with a terminal illness - from Hospice volunteers, social workers, and counsellors to doctors and nurses, to people just like you who support Hospice. Together, we all work to help ensure that people living with a terminal illness in our community can live the best life possible.

Together we strive to help Hospice patients to make the most of every moment, in the place they call home and that is part of what makes Hospice care so special, and so unique.

Hospice care is primarily delivered in the patient's own home. It is also a service that looks after the patient's whole needs, including spiritual, social and physical needs, and also the needs of those closest to the patient - their family/whanau and carers.

"Something that makes hospice care really special is that we're able to deliver care and support to patients and their families in their homes. It gives us a clearer picture of who they are and how best we can provide the

**Continues on page 2...**

## Can you help us?

- Please donate today (see back page)
- Create your own fundraising event.
- Leave a bequest in your will.
- Become a Hospice volunteer

## Facts at a glance

- One in three people living in our community will need hospice care.
- Our community nurses made 7,471 visits to patients' private homes in the past year for care.
- In the past year, we've provided 2,082 days of care in our Inpatient Unit for adult patients.
- Our counsellors and social workers gave 1,158 face-to-face counselling sessions to patients and their families last year.



## Thank you

Thank you to the following individuals, trusts and businesses who have generously supported Hospice Waikato.

- Hill View Trust
- Noel Laurence
- City Glass/Fisher Glass
- Leonard Jeffrey and the late Jacqueline Jeffery
- Steven Kent
- BNI Te Awamutu

Our heartfelt thanks to all our donors, supporters, and volunteers. We just couldn't do it without you!



## The greatest gift you can give is care...

A gift of care is an opportunity to support a patient living with a terminal illness when they need it most. Our In-patient unit offers much-needed respite care by providing a home away from home for symptom control, pain management and end of life services.

With your help, we can ensure that every day is well lived with all the things we would want in our own family; togetherness, laughter, joy and, in the end, peace.

### How can I make a gift of care?

- Make a one-off donation (see the back of this newsletter)
- Contribute in monthly donations
- Raise money through fundraising activities
- Give a half-day of care at \$500
- If you're a business, you could consider gifting a day of care in lieu of gifts/flowers to your staff or clients.

By giving a day of care, you'll be supporting a vital, unique service in our community.

### There are several ways we can celebrate your gift of care:

- Acknowledgement on social media
- Acknowledgement in our newsletter
- An electronic supporters logo

If you'd like to know more about gifting a day of care, please get in touch by contacting [marketing@hospicewaikato.org.nz](mailto:marketing@hospicewaikato.org.nz) or by visiting: [www.hospicewaikato.org.nz/giftofcare](http://www.hospicewaikato.org.nz/giftofcare)



### From page 1...

care they need, while also lessening the strain on family," says Emily, Hospice Waikato Nurse.

Everyone copes differently during an illness and then after losing a loved one, and Hospice is there, in whatever shape or form needed. "I don't think many people are aware of how many services are offered as a part of Hospice. Not only for the patients receiving medical care but also for their family. It's a full wrap-around service," says Andrea Jones, Education and Training Coordinator.

Hospice understands the emotions that surround a terminal diagnosis, and that there is no one model of care. Hospice care is adapted to each unique patient, to help them live as well as possible, for as long as possible. To be able to live the best life possible, in a way that is most important to the patient, knowing that their loved ones will also be supported, is what we strive to achieve for our patients and their family/whanau," says Emily, Hospice nurse.

Hospice Waikato looks after around 1,500 patients and their family/whanau

in a typical year. Hospice is only partially funded by the Government and each year Hospice Waikato needs to raise \$5million to cover its funding shortfall. It is through the generosity of people like you that we are able to keep our service available, free of charge.

Since Covid-19, we have seen a decrease in our funding, due to the cancellations of events and general life uncertainty, which is why we need your help now more than ever.



# Volunteering in our HospiceShops

Kristen and Kelly have recently joined the volunteer retail team at our Lake Road HospiceShop, helping raise much needed funds to keep our care available, free of charge.

Prior to volunteering in our Lake Road HospiceShop, both Kristen and Kelly had been avid op-shoppers. Recently, while fossicking for treasures at Lake Road, they saw our very real need for retail volunteers, and both decided to join the team.

We asked them how it was going and what made them decide to volunteer:

"We are working one day a week, helping prepare the Lake Road Warehouse for opening on Thursdays and Saturdays - we love it!"

"Volunteering at a HospiceShop Waikato is a great opportunity for us to give back to our community. A few hours here makes a massive difference, and we love to see what we've achieved in a day. Obviously, we both love op-shopping. Taking a pile of donated goods, sorting, cleaning and pricing them for sale, is satisfying and it's a great feeling knowing that you're helping such a worthy cause," says Kristen.

"You meet such a lot of lovely people here, both within the team and our customers, plus there is also a lot of baked goods being passed around at break times. It's a great atmosphere to be a part of," says Kelly.

Donating goods to HospiceShops is a perfect way to lower the number of items thrown away at landfills.



"I love to see how these quality donated items are being reused and repurposed rather than ending up in the landfill," says Kristen.

Volunteering gives you new friendships

and a sense of purpose. If you are interested in becoming a volunteer for our HospiceShops, please get in touch with our volunteer manager Karen on [karen.mansfield@hospicewaikato.org.nz](mailto:karen.mansfield@hospicewaikato.org.nz)



Our volunteers are amazing! Thank you for all the hard work you do. We could not do it without you.





## E-receipts

Would you like to receive your receipt via email?  
Please include your email address below and leave this section attached to your donation.

### Please return this form in the provided prepaid envelope to:

Hospice Waikato, PO Box 325, Waikato Mail Centre, Hamilton 3240

Or freecall 0800 HOSPICE or visit [hospicewaikato.org.nz/donate](https://hospicewaikato.org.nz/donate)

Donate via internet banking to Westpac 03-1555-0091553-00.

Please ensure you use your unique ID, name and DON04 as a reference so we can identify your donation.

☐ I wish to become a friend of hospice and make regular donations.  
Please send me more information.

☐ I wish to find out more information about leaving a gift in my will.  
Please send me a brochure.

☐ I wish to gift a full day of care to a patient (\$1,000).  
For more information, visit [hospicewaikato.org.nz/giftofcare](https://hospicewaikato.org.nz/giftofcare)

☐ I wish to gift a half day of care to a patient (\$500).  
For more information, visit [hospicewaikato.org.nz/giftofcare](https://hospicewaikato.org.nz/giftofcare)

\$

^ VALUE OF MY DONATION

☐ **Cheque.** Made payable to Hospice Waikato.

☐ **Bank transfer.** See Hospice Waikato bank details, left.

☐ **Regular donation.** Please complete the enclosed form.

☐ **Credit Card.** Please debit this amount to my credit card monthly.

☐ **Credit Card.** Debit this amount to my credit card as a 'one-off' payment.

^ NAME OF CARDHOLDER

^ CARD NUMBER

/  ☐ Mastercard ☐ Visa

^ EXPIRY DATE

^ SIGNATURE

The Privacy Act 2020 requires us to advise you that we keep supporters' names and contact details on file to help with fundraising. We undertake to keep the data safe. Please advise us if you do not want your personal information stored. If you would like to see your information and/or correct any mistakes, please contact us. Also, notify us if you wish to be removed from our mailing list.



# Fundraising

## for Hospice Waikato!

There's no time like the present to take on a personal challenge in support of Hospice.

Fundraising doesn't have to be a big challenge - you can dedicate as much or as little time as you feel comfortable. Get your friends and family together, start a Give-A-Little, issue the challenge, have some fun, and see who can go the longest, who can raise the most!

We'd love to know about your fundraising, tag us in your photos, or if you'd like to know more about fundraising for Hospice, get in touch with us at [marketing@hospicewaikato.org.nz](mailto:marketing@hospicewaikato.org.nz)

## Our wishlist

Below are a list of practical items that we use on a daily basis, these can range from small items that we require a lot of, such as USB sticks to larger items, such as a new vehicle for our rural nurses. To view our Wishlist store please visit: [www.hospicewaikato.org.nz/products](https://www.hospicewaikato.org.nz/products)

- Drinks trolley top-up  
**From \$25.00**
- Biscuits (3-pack)  
**\$7.50**
- USB sticks  
**\$10.00**
- Petrol Vouchers  
**From \$10.00**



## Hospice Waikato facts

Hospice Waikato is at the very heart of community palliative care in the Waikato, providing high quality care for people living with a terminal diagnosis. In the past year (2019-2020), Hospice Waikato has provided many services to the community, including:



Our community nurses have made 7,471 visits to patients' private homes in the past year for care.



On average, we had 437 patients in our care at any one time, including 46 children.



Rainbow Place has provided 160 days of respite care for children living with a life-limiting condition in our Inpatient Unit.



Our massage therapist has provided 260 massages to patients and their loved ones.